



Cholla High Magnet School Ice-Breaker Get to Know Our Goals

Duration:

20 - 30 minutes

Materials:

¼ sheets of paper (one for each student and for facilitator), pencils, pens

Focus:

Students will practice communication skills.

Activity: Get to Know Our Goals (**Note:** This works best when students can sit on the floor or are comfortable moving around.)

1. Students write their full name and a goal or dream that they have that they expect to achieve. Encourage students to avoid something like "get good grades" or "graduate." Pick something that identifies you individually in some way, like "I plan to go to Japan someday" or "My goal is to have 4 children." Fold the paper and pass it to the facilitator.
2. Facilitator collects the sheets and reads the goals through out loud to the group twice, including his or her goal.
3. Students take turns guessing whose goals are whose. They must say both the name and the goal out loud. If the guess is correct, that student "wins" a teammate and the two students form a new team. Then together those students in the new team guess another student's goal. Again, if the guess is correct, they "win" a new teammate. They continue collecting teammates until they guess incorrectly.
4. When the guess is incorrect, then the next student in the circle who is not part of the new team repeats the procedure of guessing names and goals and tries to collect teammates.
5. If at any time no one remembers any of the goals, the facilitator may read through them again.

Closure:

- When all students are in two or more teams, then teams may begin guessing about members of other teams. Those members then have to move from one team to the other one.
- This continues until all students are on one team. The group can then discuss the process.